**13 Habbits Everyday**

1 . Speak in Eye Contact

2 . Take a chuingum before any presentation, interview , Event , communication to reduce fear

3 . If someone is anger with you, sit with them.

4 . Observe people’s feet to check for their interest in you

5 . Asking questions makes you more likable.

6 . Listen & smile Even if you know the thing being spoken about.

7 . Yawn , to look at someone indirectly.

8 . Ask for people’s contribution to get their “yes”. If you want to people do your work

9 . Last impression is as important as your first impression.

10 . Ask for a favour, to make someone like you. If you want to people like you.

11 . Listen to the entire song again , to end its mindloop. If you want to end something you thinking.

12 . Keep nodding to show that you’re listening.

13 . Practising gratitude is the sureshot way to convert a bad day into a good day.